



# Flavors of Fall

## Iron Horse Park

  
**Oct. 5th**  
2 p.m.-6 p.m.



**3 Fun Runs**

Amuck, Amuck, A Ruck 10K.....	3 p.m.
Fearless 5K.....	3:15 p.m.
Pumpkin Spice Run (1 mile).....	3:30 p.m.



[Carson.ArmyMWR.com](http://Carson.ArmyMWR.com)

## Beer Olympics

4:30 p.m.  
\$20 per team  
4-person teams



## \$5 MWR Activity Wristbands

- \* Zip line \*
- \* Carnival games \*
- \* Bounce houses \*
- \* Facepainting \*
- \* Quad jumper \*